

What You May Experience

Nurturing and comfort
Empowerment and hope
Less pain and anxiety
More openness and ease
A higher level of health & wellness

What You May Expect

Through the different kinds of energy modalities I use, you may experience and maintain an optimal flow of energy allowing you to become more focused in your body/mind/spirit connection. You may also experience higher states of health and wellness, including a strengthened immune system.

People Who Work with Me

are highly motivated to find solutions to the pain, stress, life's transitions, and spiritual crises they are experiencing. The people who work best with me are those who are dedicated to looking for a deeper connection to themselves as well as relief from their suffering.



Educational Background

I have a lifelong commitment to learning and to the practice of integrated energy healing.

In the 1960's, I received a BS degree in Physical Education from the University of Southern California.

In the 1970's, I studied and undertook training in Massage Therapy, Reflexology, Nutrition, Iridology, Flower Essences, Herbology, Aromatherapy, Hypnotherapy, Transpersonal Psychology and a wide variety of spiritual traditions.

In the 1980's, I was the Founder/Director of the Holistic Health Guide Program in Palo Alto, California. I served as Director of the National Holistic Institute in Mountain View, California and also founded Life Management Consulting.

In the 1990's, I brought my focus to multiple modalities of energy healing. After completing a three year certification in Jin Shin Jyutsu, an oriental healing art, I completed the Science of Intuition Training with Carolyn Myss and Dr. Norm Shealy. In addition, I graduated from the School of Enlightened Healing, a three year intensive training for healers based in Asheville, North Carolina.

Since 2000, I have studied with international healers such as Shelby Hammitt and Rosalyn Bruyere. I was chosen by Rosalyn to participate in an intensive week of healing/service work with the Squawmish Indians on their Reservation in Canada. I have also been accepted as a member of the International Federation of Healers.

Currently, through my private practice, I draw upon a wealth of accumulated knowledge and experience to offer energy healing of the highest quality and integrity to facilitate transformative growth in those who are seeking higher levels of wellness.

Also Available

Consciousness Coaching

This is a powerful alliance between the two of us to expand your consciousness in alignment with your chosen spiritual path.

Wherever you are in your journey, important questions arise.

These questions are bridges to knowing deeper dimensions of yourself.

I guide you in understanding your process and in integrating your inner life with your everyday life.



What I Do

I am a multi-modality Energy Healer. I work with your energy systems, meridians, and organs to activate your self healing process.

All sessions are an hour and take place at The Touchstone Healing Center, located 10 minutes from downtown Grass Valley. We begin our work together with ample, unhurried time to discuss your needs and questions before you settle in, fully clothed, on my bodywork table. For you to receive as deeply as possible this unique, gentle bodywork and energy healing, I weave in the use of music, color, stones and essential oils. Afterwards I invite you to sit by the pond or walk in the forest before you return to the world.

My greatest joy is to feel and see you regain your own joy, creativity, love of life and your deep connection to Self and Spirit. To see you remember what it is to feel more aligned is, for me, heaven on earth.



What People Are Saying

"In Georgia's touch, you can feel her 30 years of diligent study and practice of the healing arts. Physically I experienced an initial jolt of energy along with a longer-term decrease in my fatigue. Spiritually, the healing treatment allowed me to access an inner place where I could receive messages of encouragement and guidance relevant to the moment. Thanks Georgia, for your dedication to this work!"

Callie Shively, MA, MFCC

"Georgia's work is gentle, deep, and unfailing in its ability to call forth a healing response from the body. It is truly holistic in that the totality of the body's needs and energy flows are addressed on every level with each treatment. I especially appreciate the integrity and sensitivity with which Georgia practices these ancient and complex healing arts."

Marina Bokelman, Healer, Visionary and
Spiritual Teacher

"An essential for healing to occur is to be able to access and enter a deep state of relaxation that returns you to your center. Georgia takes you there."

Peter Nelson Ph.D., Social Scientist

"Georgia is widely and deeply trained in a variety of techniques, but is especially gifted in her relationship with clients. Her exquisitely mindful attention creates the harmony and grace in which healing happens."

Jeff Kane, MD

Integrated Energy Healing



with
Georgia D. Dow
(530) 913 -7605
Grass Valley, California

thedow@nydow.com